

Risk Assessment Form – Swimming Clubs – COVID 19 Safe Operation – Risk Assessment

Reference:

RA ATC v1



Club Alnwick Tri Club

Site Manager: **Steve Temple**

Implementation Date: **14th May 2021**

Peron/s Carrying out RA: Andrew Wilde

People at Risk: **Customers, Employees,**

Review Date: **21st June 2021**

Additional Information: **Health & Safety Policy, Health & Safety Executive Guidance, Manufacturers/Suppliers Operational Guidance, Active Northumberland Operational Procedure, Swim England, CIMSPA. .GOV.UK**

Ref No.	List Hazards	Risks	Initial Rating (L,M,H)	Current Control Measures	Action Required to Reduce Risks	By Who & By When	Final Rating (L,M,H)
4.18.1	Entering and exiting the building.	Exposure to live virus resulting in contracting Coronavirus. Spread of Covid-19 Coronavirus.	High	Social distancing-via separate entry points. South West Fire Exit (Deep end) Information given to athletes/ parents explaining the new process of entering and exiting the facilities. All swimmers and coaches remove outdoor footwear before entering the pool hall.	Guidelines as detailed in the COVID-19 NOP to be enforced and discussed with the swimming club prior to the first session taking place.		Low
4.18.2	Entry and exit onto and from the poolside.	Incorrect lane use. Incorrect social distancing. Clothing contamination.	High	Social distancing required outside of pool building. Swimmers enter in a lane order according to the NOP. Masks to be worn prior to entry to the pool until ready to swim. Entry to the poolside via the deep end. Remove all outdoor footwear and outdoor clothing and store in a bag, on the poolside. Sanitise hands prior and after session.	Guidelines as detailed in the COVID-19 NOP to be enforced and discussed with the swimming club prior to the first session taking place. The COVID-19 Officer to communicate with GM for access points and lane markers specific to the swimming club.		Low

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				Swimmers to proceed to changing area and on to lanes as shown in the diagram at the end of this RA			
4.18.3	Age of children participating.	Admission Policy not being adhered to and under age children being left at the facility.	Low	Youngest club member is 10yrs old	Introduction of a new admission policy during COVID-19.		Low
4.18.4	Maximum numbers and Pool layout.	Too many bathers in the pool at one time. Bathers are in excess of COVID-19 guidelines.	High	Anti-wave lane ropes dissipate the energy and prevent a build-up of turbulence on the surface, and additional turbulence could contribute to a need for amending bather loads. Single size lane. All lanes to swim in the same direction. Max 5 Swimmers per lane Following British Triathlon Guidelines	Facility COVID-19 NOP to be signed off and implement pre opening.		Low
4.18.5	Access and entry to swimming lanes and change over of squads.	Social distancing not being adhered to. Incorrect numbers in each lane. Squads mixing with too many swimmers on the poolside.	High	Follow directions shown in diagram below. Remove outer clothing. Place equipment at their designated markers Introduction of a 15 minute change over time between squads. New cleaning regime to be introduced to clean and sanitising touch point areas.	Guidelines as detailed in the COVID-19 NOP to be enforced and discussed with the swimming club prior to the first session taking place.		Low
4.18.6	Coaching ratios.	Too many coaches on the poolside.	High	Max 5 Swimmers per lane.	Maximum of 3 Tri Club staff (Coaches and COVID-19) on poolside per session. This is		Low

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				Maximum 3 lanes per coach (depending on coaching level)	identified in the site COVID-19 NOP.		
4.18.7	Social distancing on the poolside.	Social distancing guidelines not being adhered too.	High	Social distancing measures identified in advance of the first session taking place. Alternative lanes in deep end and shallow end.	Poolside surrounds to identify (visually) the social distancing measures put in place.		Low
4.18.8	Social distancing in the pool.	Social distancing guidelines not being adhered too.	High	Max 5 Swimmers per lane with a designated area needs to be identified for equipment.and access arrangements <u>Max Pool Capacity</u> Identify poolside space to rest swimmers. Setting up zones for pool briefings with clear markings of where swimmers and coaches should stand to maintain social distancing. Identified areas for each swimmers drink and equipment enabling them to access these without the risk of congregation. Drinking bottles/water bottles will need to be named (full name) and pre-filled before the start of the session.	Control measures to be discussed with the Tri club prior to undertaking the first session. Guidelines as detailed in the COVID-19 NOP to be enforced and discussed with the Tri club prior to the first session taking place.		Low
4.18.9	Changing Rooms.	Social distancing guidelines not being adhered too. Incorrect use of changing and lockers facilities resulting in deep cleans.	High	Changing Rooms closed to Club access in Phase 1. Swimmers should change into their kit at home, arrive at the pool in a tracksuit or other suitable clothing ready to swim. All clothing to be removed on the poolside is placed in their bags. Each swimmer will	Control measures to be discussed with the swimming club prior to undertaking the first session. Guidelines as detailed in the COVI-19 NOP to		Low

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		Closed changing and lockers facilities being used resulting in deep cleans.		<p>be allocated a designated space for the safe storage of their items.</p> <p>Arrangements to be communicated with parents via the Return to Training Policy and Procedure.</p>	<p>be enforced and discussed with the swimming club prior to the first session taking place.</p> <p>Swimming Club requirement.</p>		
4.18.10	Toilets	Social distancing guidelines not being adhered too.	High	Changing Rooms Toilets closed to Club access in Phase 1.	Single use Toilets to be Identified. (Disabled toilet) One swimmer at a time.		Low
4.18.11	Showers.	Use of showers while closed during phase 1.	High	<p>Showers will be closed to the Clubs in Phase 1.</p> <p>Swimmers to towel dry on the poolside after training and return home to shower, thus minimising the transmission risk in changing rooms.</p>	Guidelines as detailed in the COVID-19 NOP to be enforced and discussed with the swimming club prior to the first session taking place.		Low
4.18.12	Equipment.	<p>Equipment other than personal being used.</p> <p>Cross contamination of equipment.</p>	High	<p>All swimmers bring their own equipment and take it home with them after each training session.</p> <p>Personal equipment should be cleaned. This can be submerged for 15 seconds in the pool water. With antiviral wipes (supplied by the swimming club) or solution before and after use, and should not be stored at the venue.</p> <p>All kits, including water bottles must be named (full name).</p> <p>NO Equipment will be shared or borrowed.</p> <p>Individuals should avoid handling other people's kit and take their own kit home to clean.</p>	<p>Guidelines as detailed in the COVID-19 NOP to be enforced and discussed with the swimming club prior to the first session taking place.</p> <p>Only personal equipment to be used communicated to the swimmers by the swimming club prior to</p>		Low

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					the first session taking place.		
4.18.13	Lost and Found Property	Exposure to live virus resulting in contracting Coronavirus. Exacerbation of existing medical conditions.	High	<p>Lost and Found Property (RA 6.21.11)</p> <p>Found property, apart from valuables, is bagged up and secured.</p> <p>AN Staff will not access bagged property, apart from valuables, for at least 72 hours after finding.</p> <p>Personal clothing, such as underwear and swimwear is disposed of.</p> <p>Valuables are bagged up and placed in a safe.</p> <p>Staff handling lost property to wash or sanitise hands immediately after touching.</p>	Only personal equipment to be used		Low
4.18.14	Coaches Equipment.	Equipment other than personal being used. Cross contamination of equipment.	High	<p>Personal equipment such as stopwatches should be cleaned with antiviral wipes (supplied by the swimming club) not be stored at the venue</p> <p>NO Equipment will be shared or borrowed.</p>	Guidelines as detailed in the COVID-19 NOP to be enforced and discussed with the swimming club prior to the first session taking place.		Low
4.18.15	Coaches.	Coaches being unable or unfit to coach. Coaches display one of the three main symptoms of COVID-19 (High Temperature, New Persistent Cough, New Loss of Taste or Smell).	High	<p>Head coach to liaise with all coaches/ volunteers on a sessional basis to ensure that they are fit to coach.</p> <p>All coaches and volunteers, involved in coaching sessions to complete a Health Survey (Pre-training Covid-19 Health Screen) to declare that they are fit to coach.</p>	Guidelines as detailed in the COVID-19 NOP to be enforced and discussed with the swimming club prior to the first session taking place.		Low

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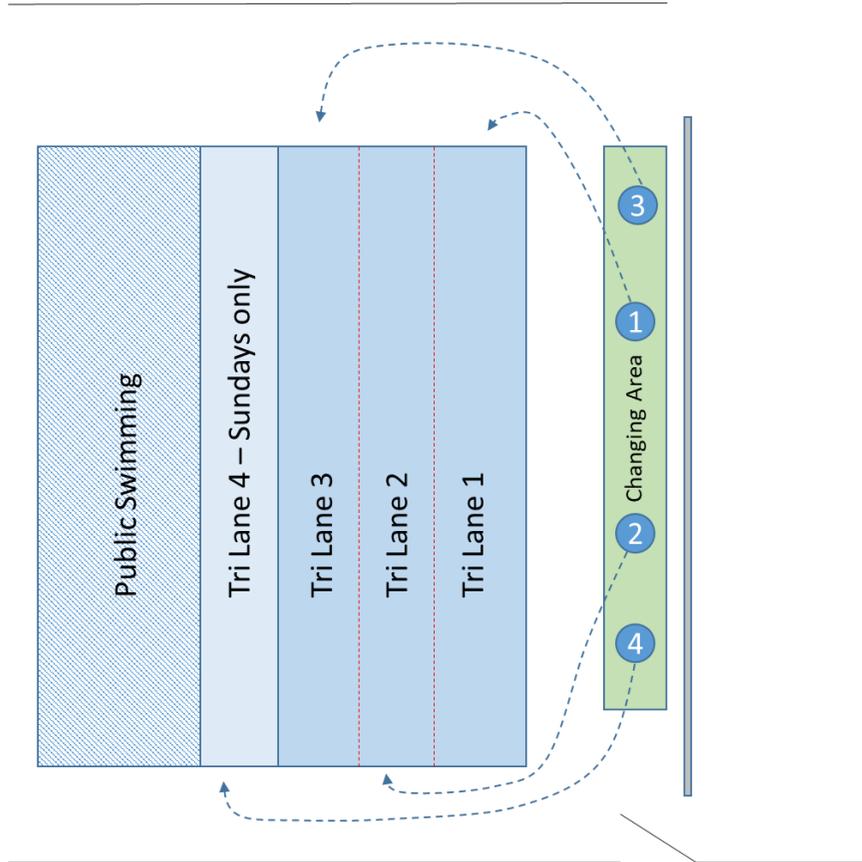
		Children ready for their session and a coach does not turn up.		<p>To complete relevant Return to Training (Covid-19 and Risk Awareness Declaration) documents</p> <p>Coaches to maintain social distancing at all times on the poolside. Coaches to wash/ sanitise hands before and after sessions.</p> <p>Coaches to wash/sanitise equipment (swimming club to provide) before and after sessions.</p> <p>No physical contact between coaches and athletes should take place when making corrections, only oral communication, keeping the required distance.</p> <p>All coaches will be instructed to inform the head coach if they have or have come into contact with anyone who has COVID-19 symptoms and to self isolate in line with government guidelines.</p>			
4.18.16	Swimmers	<p>Swimmers being unfit or unable to swim.</p> <p>Swimmers display one of the three main symptoms of COVID-19 (High Temperature, New Persistent Cough, New Loss of Taste or Smell).</p>	High	<p>Swimmers will not be able to take part in sessions until a completed, and signed a Health Survey (Pre-training Covid-19 Health Screen) to declare that they are fit to swim.</p> <p>Information and British Triathlon advice on the clubs website and social media.</p> <p>Each swimmer will be given a dedicated lane number prior to the session. Club to record attendance of all swimmers and ensure contact details for track and trace. If an outbreak occurs we will follow Government and BTF's guidance in the notification of those swimmers at potential risk.</p> <p>Numbers based on BTF guidance.</p>	<p>Guidelines as detailed in the COVID-19 NOP to be enforced and discussed with the swimming club prior to the first session taking place.</p> <p>Tri Club to enforce the completion of the Health Screening Questionnaire prior to the session taking place.</p>		Low

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				To further minimise transmission risk, participants exhaling in the water when passing if that is practicable.			
4.18.17	Swimmer becoming ill or suffer an injury	Swimmers being unwell / unable to swim.	High	Swimmers unable to continue in sessions will leave their lane. Parents (of juniors) contacted for collection AN Staff to administer First Aid as per RLSS training			Low

Risk Assessment Review – Swimming Club - COVID-19 - Safe Operation		
<u>Reason for review:</u> New Risk Assessment to allow a safe and consistent swimming club process within facilities operated by Active Northumberland.	<u>Approved by:</u> Name: (Block Capitals) Signature:	Review Date: 20th July 2020 Next Review Date: 1 st August 2021
<u>Changes From Last Review</u> New form.		

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Gather here before session – socially distanced please

- 3
 - 1
 - 2
 - 4
- Enter the pool in this lane order