Lichfield and Burntwood Triathlon Club Time Trial										03/05/2023		
Rider	Start Time	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Finish	Total
Connor	0:01:00	04:09	07:50	11:48	15:48	20:19	24:49	29:55	34:54	39:46	**43:40**	**42:40**
7.5 miles		03:09	03:41	03:58	04:00	04:31	04:30	05:06	04:59	04:52	03:54	10.55mph
James	0:02:00	05:22	08:50	**12:40**	00:00	00:00	00:00	00:00	00:00	00:00	12:40	**10:40**
2.25 miles		03:22	03:28	03:50	00:00	00:00	00:00	00:00	00:00	00:00	00:00	12.65mph
Fleur	0:03:00	06:08	09:26	12:55	16:54	20:45	24:34	**28:19**	00:00	00:00	28:19	**25:19**
5.25 miles		03:08	03:18	03:29	03:59	03:51	03:49	03:45	00:00	00:00	00:00	12.44mph
Jo	0:04:00	06:53	09:41	12:36	15:33	18:28	21:23	24:15	27:08	30:00	**32:50**	**28:50**
7.5 miles		02:53	02:48	02:55	02:57	02:55	02:55	02:52	02:53	02:52	02:50	15.61mph
Millie	0:05:00	07:40	10:15	12:43	15:07	17:34	19:59	22:27	24:54	27:18	**29:35**	**24:35**
7.5 miles		02:40	02:35	02:28	02:24	02:27	02:25	02:28	02:27	02:24	02:17	18.31mph
Chris	0:06:00	08:48	11:42	14:37	17:37	20:33	23:32	26:32	29:33	32:29	**35:25**	**29:25**
7.5 miles		02:48	02:54	02:55	03:00	02:56	02:59	03:00	03:01	02:56	02:56	15.21mph
Paul	0:07:00	09:16	11:33	13:51	16:11	18:33	20:52	23:13	25:33	27:53	**30:09**	**23:09**
7.5 miles		02:16	02:17	02:18	02:20	02:22	02:19	02:21	02:20	02:20	02:16	19.44mph
Karen	0:10:00	13:21	16:58	20:23	23:39	27:09	30:36	34:02	37:22	40:41	**43:58**	**33:58**
7.5 miles		03:21	03:37	03:25	03:16	03:30	03:27	03:26	03:20	03:19	03:17	13.25mph
Sue	0:12:55	16:54	20:45	24:34	**28:19**	00:00	00:00	00:00	00:00	00:00	28:19	**15:24**
3 miles		03:59	03:51	03:49	03:45	00:00	00:00	00:00	00:00	00:00	00:00	11.69mph