



Grangemouth Triathlon Club

Moving from Junior to Senior Membership/Training

This policy is a guide to members of G.T.C. who have been junior members of the club but now that they have turned 18 find themselves becoming adult members of the club. This guide is to help and support our junior members and encourage them to become active adult members of G.T.C.

If a junior club member turns 18 at or before the time of renewing their membership or training fees, they will be charged the adult rate for both membership and training. If a junior club member is still 17 at the time of renewing membership and training fees and turn 18 later in the year, they will be charged junior membership and training fees for that year.

During their membership year if a junior club member turns 18 then from the date of their birthday, they have the option to join the adult training sessions or continue training with the juniors or mix the two but only for that membership year when they turn 18. For members of the club who are 18 at the time of renewing their membership they can only train in the adult sessions.

If a new person joins G.T.C. in their transition year, that is 17 at the time of joining and turns 18 during that year, then from their 18 birthday they will no longer be able to train with the junior members and must train with the adults.

If an 18 year old club member is present at a junior training session, then the coach and coaching assistants must be made aware of this. To keep in line with the club's safeguarding policy, junior members must be supervised at all times during training sessions if 18 and over members are present at these sessions.