



### **Chairperson's Report 2023**

2023 has continued to offer a variety of training sessions across all disciplines for both senior and junior members. Attendance for some of these sessions continues to be on the low side which means that costs are not consistently being covered.

Whilst the club is in a healthy position financially the committee will continue to review the cost effectiveness of sessions provided, so members are encouraged to make use of the fantastic coaching resources available at these sessions, whatever the ability level.

The committee has agreed to continue the range of member benefits and discounts for 2024 which it is hoped will provide support for juniors, encourage new members to get involved in events and support coaches, activators, committee members and volunteers. Full details can be found on the club website.

Phil Rowley and Mark Hatton have continued to work with Provision to offer an expanded range of designs for club kit. It is acknowledged that there have been problems with delivery of club kit some of which is outside of Provision's control. The possibility of seeking alternative suppliers has been discussed by the committee which has agreed to accept the recommendation from Phil and Mark to continue to work with Provision, building on the relationship that already exists. This position will remain under review if problems persist.

As ever, the club continues to rely on everyone who volunteers in whatever capacity to ensure the smooth running of the club. When additional volunteers are requested, all members are encouraged to consider putting themselves forward in order to spread the burden as wide as possible.

Thanks go to those committee members who are stepping down from their roles this year, their time and effort is very much appreciated.

The club will continue to review the development plan and club standards for the next 12 months to ensure that procedures are in place to keep up to date with requirements set by British Triathlon and England Athletics and that the club remains in a strong position to continue forwards.

Thank you all for your participation and commitment to the club.

Karen Dennett

NTC Chairperson

## **ANNUAL REPORT – 2023    Head Coach – Julia Matheson**

Quality coaching and leadership, supported by robust safety cover, are essential pre-requisites for all of our club training sessions. BTF coach/athlete ratios have recently been updated and although we endeavor to comply with the new ratios for each coached session, occasionally we are unable to fully provide these essential elements and as a consequence we are required to restrict numbers for training or, on rare occasions, we need to cancel a session. This doesn't happen very often but please be assured that there is always a valid reason when it does!

Sessions are posted in our weekly newsletter to enable members to plan ahead and book via our ClubSpark booking system, accessed via the NTC website. A less formal source of information can be found on the members Facebook group – updates to sessions are often posted there.

NTC continues to support current coaches but also aspires to develop new coaches to give the club a more robust and dynamic structure:

### NTC Coaches/Activators/Leads

- Head Coach: Julia Matheson
- Lead Swim Coach: Julia Matheson
- Lead Run Coach: Matt Harper
- Run leaders (EA qualified): Sarah Thorne, Marie Bebbington, Charlotte Harper
- Lead Cycling Coach: Mike Howard
- Junior Coach: Matt Jackson
- Level 3 coaches: Julia Matheson ,Fiona Ridley, Jez Statham.
- Level 2 coaches: Matt Harper, Matt Jackson Ian Smith, Catherine Swinnerton, Pete Swinnerton
- Level 1 coaches: Sarah Thorne, Simon Chubb, Chris Walton, Matt Linney, Mike Howard

- NTC Activators: Mike Hearson, Phil Dawid
- Coaching Mentor: Ken Matheson

Our current and active coaches have maintained competency during 2023 through involvement and input to coaches meetings, and by undertaking on line training including 'bolt on' courses/CPD/new individual training courses. All NTC coaches and activators have current DBS certificates and have completed welfare training.

For anybody who is interested in becoming an NTC coach or Activator please have a look at the information on the website giving guidance regarding the coach education pathway.

Development at all levels of ability and equal opportunity remain a priority for the coaching team as we continue to encourage members to participate in club activities again during 2023.



### **Secretary's Report**

An email has been sent to all members regarding proposed motions to be put forward for the AGM.

No responses received.

The communication also asked for nominations for Officers and Member Representatives of the Management Committee.

Nominations have been received for Membership Secretary, Welfare Officer, and General Secretary.

#### Membership

- March 24 ended with all members 265, paid members 206.
- Membership was due on 1<sup>st</sup> January. Members who have not renewed by 15<sup>th</sup> March will be removed from the database.

#### England Athletics

- During 2023/24, 50 club members registered with EA.

- EA fees for 2023/24 were £17 per person, an increase from £15. Club registration fee was £150.
- EA renewal is due on 1<sup>st</sup> April 2024. All registrations should be completed by 30<sup>th</sup> June 2024,

## NTC AGM - 2023 ACCOUNT SUMMARY

Date	Status	Balance (£)	Debit (£)	Credit (£)	Notes
01-Jan-23	Starting Balance	<b>31,466.24</b>			
	Legacy Track	25,316.24	6,150.00		Legacy unpaid invoices from 2021/22
	Legacy Trentham Pool	23,621.24	1,695.00		Legacy unpaid invoices from 2021/23
	Revised Starting Balance	<b>23,621.24</b>			
	2023 Income			12,018.63	
	2023 Expenditure		16,242.19		
31-Dec-23	End Balance	<b>19,397.68</b>			Delta In/Out <b>£4223.56</b> . Track, Swim, Refunds

Expenditure Exceeding Income		
		Cost (£)
12-month track costs additional to member session fees		487
12-month track costs additional to member session fees		951
Member Support: Coaches, Juniors, Equip, Affiliation, Junior		2785.56

**4223.56**

### Notes:

- 2023 account overall decrease @ £4223.56 attributable to Track/Pool hire, Coaches/Junior support, race subsidies, affiliations
- Jan 24 Pool hire already paid out of 2023 balance
- Note membership fees flowing in means account stable ~ £19.5 - £20k