



## **Chairpersons Report 2022**

2022 saw removal of many of the restriction previously in place due to covid regulations and allowed much more flexibility in the numbers allowed in training sessions. Having said that numbers of attendees at some sessions more recently have been on the low side.

Whilst the club is in a healthy position financially the committee will continue to review the cost effectiveness of sessions provided, so members are encouraged to make use of the fantastic coaching resources available at these sessions, whatever the ability level.

The committee discussed and agreed on a range of new member benefit to be effective in 2023 which it is hoped will provide support for juniors, encourage new members to get involved in events and support coaches, activators, committee members and volunteers. Full details have been published in the newsletter.

Following a request for a more visible winter cycling kit, the new design is now available and in use and has been well received. Many thanks to Mark Hatton for his design involvement and time working with Provision to bring this about.

As ever, the club continues to rely on everyone who volunteers in whatever capacity to ensure the smooth running of the club. When additional volunteers are requested, all members are encouraged to consider putting themselves forward in order to spread the burden as wide as possible.

Many thanks go to Lisa Adamson who has spent a great deal of time and effort supporting the club and is stepping down from her role this year.

The club will continue to review the development plan for the next 12 months to ensure that procedures are in place to keep up to date with requirements set by British Triathlon and that the club remains in a strong position to continue forwards.

Thank you all for your participation and commitment to the club.

Karen Dennett

NTC Chairperson



## ANNUAL REPORT – 2022 Head Coach – Julia Matheson

Quality coaching and leadership, supported by robust safety cover, are essential pre-requisites for all of our club training sessions. Occasionally we are unable to provide these essential elements and as a consequence we are required to restrict numbers for training or, on rare occasions, we need to cancel a session. This doesn't happen very often but please be assured that there is always a valid reason when it does!

Sessions are posted in our weekly newsletter to enable members to plan ahead and book via our new ClubSpark booking system, accessed via the NTC website.

NTC continues to support current coaches but also aspires to develop new coaches to give the club a more robust and dynamic structure:

### NTC Coaches/Activators/Leads

- Head Coach: Julia Matheson (Level 3)
- Lead Swim Coach: Paul Adamson (Level 2)
- Lead Run Coach: Matt Harper (Level 2)
- Run leader's (EA qualified): Sarah Thorne, Mike Howard, Marie Bebbington, Charlotte Harper
- Lead Cycling Coach: Mike Howard (Level 1)
- Junior Coach: Matt Jackson (Level 2)
- Level 3 coach: Jez Statham, Fiona Ridley
- Level 2 coaches: Ian Smith, Catherine Swinnerton, Pete Swinnerton
- Level 1 coaches: Sarah Thorne
- Trainee Level 1 coaches: Simon Chubb, Chris Walton
- NTC Activator: Mike Hearson, Phil Dawid, Simon Chubb
- Coaching Mentor: Ken Matheson

Our coaches have maintained competency during 2022 through involvement and input to coaches meetings, and by undertaking on line training including 'bolt on' courses/CPD/new individual training courses:

- Emergency First Aiders: (training January 2022): Matt Harper, Charlotte Harper, Fiona Ridley, Mike Howard, Harvey Myatt-Winterton, Luke Maxwell, Catherine Swinnerton, Karen Dennett, Julia Matheson
- Lifeguard trained: Fiona Ridley, Ian Smith, Paul Adamson
- All NTC coaches have current DBS certificates.

For anybody who is interested in becoming an NTC coach or Activator please have a look at the information on the website giving guidance regarding the coach education pathway.

Development at all levels of ability and equal opportunity remain a priority for the coaching team as we continue to encourage members to participate in club activities again during 2022.



## Secretary's Report

Two emails have been sent to all members regarding proposed motions to be put forward for the AGM. Reminders have also been included in the weekly newsletter.

No responses received.

The communication also asked for nominations for Officers and Member Representatives of the Management Committee.

Nominations have been received for General Secretary and Ladies Team Captain as Michelle has offered to continue in this role..

## Membership

- 2022 ended with 277 members, an increase of 19 compared to 2021.
- 2023 membership to date has seen 200 members renew.
- Some members who have not re-joined have not been active members during 2022 whilst some will re-join again for the Open Water Swimming.
- The membership was due on 1st January. Members who have not renewed by 15th March will be deleted from the database.

## England Athletics

- During 2022/23, 44 club members registered with EA, a decrease of 12 members from last year
- EA fees for 2022/23 have been confirmed at £17 per person. Club registration fee will remain the same at £150.
- EA renewal is due on 1<sup>st</sup> April 2023. All registrations should be completed by 30<sup>th</sup> June 2023.

**NTC TREASURER 2022 OUTLINE REPORT**

PAYMENTS RECEIVED						
Month	Track	Pool Swim	Klt	OW Swim	Membership	Awards
Jan	209	615				445
Feb	312	515			40	25
Mar	373	485				
Apr	265	295		30		1304.94
May	341	225		896.5		
Jun	301	155	20	973		
Jul	177	215		770		
Aug	175	110		802		
Sep	212.1	205		238.5		
Oct	174	210				
Nov	274	315				
Dec	50	20			875	325
	<b>2863.1</b>	<b>3365</b>	<b>20</b>	<b>3710</b>	<b>915</b>	<b>2099.94</b>

PAYMENTS MADE						
Track Hire	Pool Hire	OW Swim Hire	Admin & Refund	Awards	BTF Course Refund	Total
			170	92		262
			600	1815		2415
	560		180			740
			49.94			49.94
		600	309.64			909.64
	461		78			539
	770	1285	193.2	100		2348.2
		600	225.2			825.2
						0
						0
			350			350
0			350			350
<b>0</b>	<b>1791</b>	<b>2485</b>	<b>2505.98</b>	<b>2007</b>	<b>0</b>	<b>8788.98</b>

2022 Notes:	
Track hire accrual:	6150
Pool hire accrual NK:	
2022 Account Balance Start:	23519.66
2022 Account Balance End:	31466.24
2022 Account Increase:	7984.57
Paid in	18137.67
Paid Out	10153.1

2022 Context:	
- Handover of Treasurer and transition from Go Cardless (GC) to Stripe.	
- Difficulties aligning the Nat West account with GC and Stripe batched payments.	
- No access to Go Cardless reports. Now resolved.	
- Go Cardless still facilitates some membership payments. Plan to phase out during 2023.	

2023 Notes:	
Actual Balance 31 Jan 2022	25316.24
Current Balance 9 Mar 2023	25311.92
Track accrual paid	
Track costs £75 per session = £300 per month. Jan was £77 loss.	
Yet to assess new Pool hire charge profit/loss balance.	
Awards costs to be finalised in Feb 23. Some costs accounted for in Dec 22	