

RISK ASSESMENT: Bike_ Group rides

Purpose of document:

To record the risks reviewed associated with activity

Author:

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Last revision:

21 June 2018

This form should be completed with a list of hazards that affect the session, and should be written from a coaching perspective, not a venue management perspective. For each risk assessment there should be associated Emergency Action plan to be used in case a risk occurs.

Venue:		Meeting points to be sent out with maps to people by the Wednesday of that week. To include the minimum format: Venue, time leaving, distances, lead riders and mobile numbers	Venue Contact Name & Contact Details:	Venue Varies _ REFER TO THE FACEBOOK POST Generally, from these options: Sywell Country Parks Washbrook Lane, NN6 0QX Brixworth Country Park Northampton Road NN6 9DG Salcey Forest Quinton Road NN7 2HX
Address: (Include postcode)		NN6 0QX		
Group:		Northants tri club	Location of first-aider:	None - Emergency services dial 999
Date:		Saturday Bike rides Sunday Bike rides from April 2020	Location of Defibrillator	None – Emergency services dial 999
Time:		9:00 for 9:15 start in winter 8:00 for 8:15 start from April 2020	Location of telephone:	Mobile phone with coach(es) / Ride lead: Kirk Wilde: 07889661464 Olli Duffy: 07545280249 Guy Bailey: 07920867495
Participants:	Number:	3 to 30	Location of toilets:	Only at Venue
	Age:	18+	Location of changing rooms:	Toilets at Venue
	Ability:	Mixed abilities: beginners to age groupers	Location of first-aid kit:	none
Lead coach name:		UNCOACHED RIDES, NO coach available, a ride leader will be identified on the Facebook group before and the rota and is ONLY there to meet the group and keep people together.	Stocked and maintained:	Yes No
Venue documents read and understood		Normal operating procedures: Yes No	Additional notes:	Session planner to be aware of what events etc are going on the route whilst planning for it. Any major road works etc
(please ✓ appropriate box):		Health and safety policy: Yes No		
		Emergency action plan (EAP): Yes No		

Name of person conducting risk assessment:	Signed:	Date:
Kirk Wilde	KW	21.06.2018
Kirk Wilde	KW	06.06.2019
Kirk Wilde	KW	18.01.2020
Kirk Wilde	KW	20.01.2020

RISK ASSESSMENT FORM

Location & Description of Hazard:	People at Risk:	Level of Risk (High/Medium/Low):	Advice Required:(from whom)	Action(s) to Mitigate/ Remove Risk:	Person responsible for resolution:	Residual Risk: After resolution	Dates Reviewed
Weather - cold	Riders	Likelihood: high Impact: high	<input type="checkbox"/> No <input checked="" type="checkbox"/> Yes If yes, who: lead coach	- Riders to dress for the conditions. - No session to take place below 3 degrees or if there is frost / ice etc visible on roads or in shaded areas. - The session coach/ co-ordinator/ Ride leader is to notify people as soon as possible; this might even be on the day. - Individuals are to make the decision themselves when they leave their house (see bike etiquette document). - the session lead can cancel the session on safety grounds if there is a concern.	Rider / Coach	Likelihood: med Impact: med	29.06.2018 06.06.2019 18.01.2020
Weather - hot.	Riders	Likelihood: med Impact: med	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who: lead coach	- Riders to dress for the conditions. - Adequate liquid to be carried or stops planned in hot weather. - Riders to apply suitable sun block when exposed to high UV's - Leader/Coach to abandon if conditions present too high a risk.	Rider	Likelihood: med Impact: med	29.06.2018
Weather - high winds / rider being blowing into road / falling or flying debris	Riders	Likelihood: med Impact: high	<input type="checkbox"/> No <input checked="" type="checkbox"/> Yes If yes, who: lead coach	- Coach is to observe the wind speeds leading up to the day and to notify people as soon as possible, this might even be on the day. - No session to take place if winds speeds are 20mph+ due to crosswinds and significantly higher gusts blowing people into the traffic. Or traffic into riders.	Rider / Coach	Likelihood: med Impact: med	29.06.2018

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Injuries due to falls or collisions.	Riders	Likelihood: med Impact: med	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who: lead coach	<ul style="list-style-type: none"> - Riders to wear helmets at all times whilst riding. - Riders to stay within their abilities. - Adhere to safe riding techniques. - Adhere to the Cycling etiquette document 	Rider / other riders	Likelihood: med Impact: med	29.06.2018 06.06.2019 18.01.2020
Riding in wet / slippery conditions	Riders	Likelihood: med Impact: med	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who: lead coach	<ul style="list-style-type: none"> - Riders to keep speeds to a safe handling speed and to avoid cornering at speed, braking into corners or being too close to the wheel in front. 	Rider	Likelihood: med Impact: med	29.06.2018 18.01.2020
Other road vehicles	Riders	Likelihood: med Impact: med	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who: lead coach	<ul style="list-style-type: none"> - Highway code to be observed. - Cyclists not to be more than two abreast. - Cyclists to wear high visibility clothing, helmets, and have lights on bikes in case of rain/poor light conditions. 	Rider	Likelihood: med Impact: med	29.06.2018
Uneven road surfaces	Riders	Likelihood: med Impact: med	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who: lead coach	<ul style="list-style-type: none"> - Lead riders to indicate to those following when approaching obstacles. - Riders to be aware of the various hand signals 	Rider	Likelihood: med Impact: med	29.06.2018
Mechanical failures	Riders	Likelihood: med Impact: med	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who: lead coach	<ul style="list-style-type: none"> - Riders to perform basic kit check "M-check" prior to departure. - All riders to carry tools (basic bike tool) and puncture repair kit. 	Rider	Likelihood: med Impact: med	29.06.2018
Riders becoming lost	Rider	Likelihood: med Impact: med	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who: lead coach	<ul style="list-style-type: none"> - Riders should be able to navigate their way back to the start. - Coach/ Ride lead/ Assistants to carry phone to call for assistance and a map. - New and inexperienced riders should be "shepherded" by another rider. - Session coach to send out the map / route prior to the ride 	Rider / Co-ordinator/ coach / ride lead	Likelihood: med Impact: med	29.06.2018 06.06.2019

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Collision with another rider	Rider	Likelihood: med Impact: med	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who: lead coach	- Riders to be aware of their proximity to others AND be aware of other' s abilities. - no rider is allowed to ride in a group in the TT position - ensure adequate signalling protocol is adhered to	Rider	Likelihood: med Impact: med	29.06.2018 18.01.2020

Insert Diagram(s) of layout of venue with key safety elements marked (this page is intended to be shared between Risk Assessment and EAP):

VENUE VARIES, COACH/ SESSION PLANNER IS TO IDENTIFY ANY SPECIFIC ISSUE, EVENTS, HAZARD ON THE ROUTE PLANNED BY WEDNESDAY OF THE SATURDAY RIDE. THE SESSION DELIVERER / RIDE LEADER IS TO COMMUNICATE THESE AT THE BRIEFING.

ROUTES VARY AND WILL BE MADE AVAILABLE TO MEMBERS THE WEEK LEADING UP TO THE RIDE.

RIDE LEADER IS TO CARRY OUT THE FOLLOWING AT THE BRIEFING:

- Count rider numbers
- Explain the route

All riders are to ensure they have the required skill for the session.

END