

RISK ASSESMENT: TRACK RUN _ Moulton

Purpose of document:

To record the risks reviewed associated with activity

Author:

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21 June 2018

This form should be completed with a list of hazards that affect the session, and should be written from a coaching perspective, not a venue management perspective. For each risk assessment there should be associated Emergency Action plan to be used in case a risk occurs.

Venue:		Moulton College	Venue Contact Name & Contact Details:	Duty manager: 01604 788941
Address: (Include postcode)		Moulton college athletics track Pitsford road Moulton Northampton, Nn4 7nn		
Group:		Northants tri club	Location of first-aider:	Reception (dial 0)
Date:		Monday evenings	Location of Defibrillator	Reception (dial 0)
Time:		19:30 to 20:30	Location of telephone:	Club house
Participants:	Number:	4 to 25	Location of toilets:	Club house
	Age:	8+ 2 groups Juniors and adults	Location of changing rooms:	Club house
	Ability:	Mixed, age grouper to beginner	Location of first-aid kit:	Reception / Lead coach
Lead coach name:		Andrew Thompson	Stocked and maintained:	Yes No
Venue documents read and understood (please ✓ appropriate box):		Normal operating procedures: Yes No	Additional notes:	Managed Venue
		Health and safety policy: Yes No		
		Emergency action plan (EAP): Yes No		

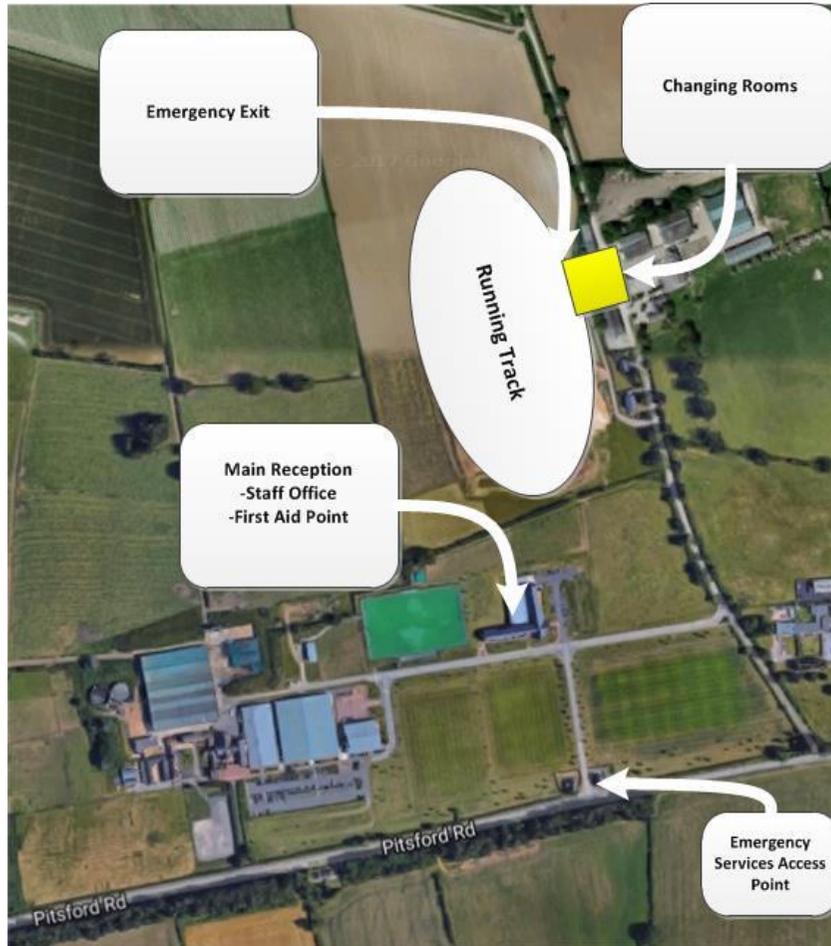
Name of person conducting risk assessment:	Signed:	Date:
Kirk Wilde / Jay Love Kirk Wilde	KW/ KW	21.06.2018 20.01.2020

RISK ASSESSMENT FORM

Location & Description of Hazard:	People at Risk:	Level of Risk (High/Medium/Low):	Advice Required:(from whom):	Action(s) to Mitigate/ Remove Risk:	Person responsible for resolution:	Residual Risk: After resolution	Dates Reviewed
Track injury Frozen/flooded surface becoming slippery	Athletes Coaches	Likelihood: med Impact: med	+ <input type="checkbox"/> No <input type="checkbox"/> Yes If yes, who:	Check weather forecast\ conditions are appropriate for track use. Cancel session if conditions are not good enough	Lead coach	Cancelled session no risk	21.06.2018
Lighting Flood light failure during winter	Athletes Coaches	Likelihood: low Impact: low	+ <input type="checkbox"/> No <input type="checkbox"/> Yes If yes, who:	Safety briefing so athletes aware of track etiquette and to stand still in a light failure and await instruction from lead coach	Lead coach	Likelihood: low Impact: low	21.06.2018
Track rails Trip with inner rails	Athletes Coaches	Likelihood: med Impact: med	+ <input type="checkbox"/> No <input type="checkbox"/> Yes If yes, who:	Safety briefing so athletes are aware of track etiquette coach to watch for fatigued athletes	Athlete	Likelihood: low Impact: med	21.06.2018
Track equipment Hurdles steeple chase barrier	Athletes Coaches	Likelihood: low Impact: low	+ <input type="checkbox"/> No <input type="checkbox"/> Yes If yes, who: venue management	Coach to risk assess the area before session and remove any obstacles	Athlete	Likelihood: low Impact: med	21.06.2018
Athletes dehydration\ overheating\ getting cold	Athletes Coaches	Likelihood: high Impact: high	+ <input type="checkbox"/> No <input type="checkbox"/> Yes If yes, who:	ensure all athletes have a drink and use them +appropriate clothing	Athlete	Likelihood: med Impact: med	21.06.2018

Location & Description of Hazard:	People at Risk:	Level of Risk (High/Medium/Low):	Advice Required:(from whom)	Action(s) to Mitigate/ Remove Risk:	Person responsible for resolution:	Residual Risk: After resolution	Dates Reviewed
Infield Injuries slips trips and falls, grass rutted\ slippery	Athletes Coaches	Likelihood: high Impact: high	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who:	Safety briefing warn athletes of slippery\ rutted ground	Athlete	Likelihood: med Impact: med	21.06.2018
Impact with junior runners / others	Athletes Coaches Junior athletes	Likelihood: med Impact: med	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who: discuss with junior coaches	Provide clear description at briefing on agreed run zones / lanes. Convey and agree with the junior session deliverer	Athletes Coaches Junior athletes / others	Likelihood: med Impact: med	21.06.2018

Insert Diagram(s) of layout of venue with key safety elements marked (this page is intended to be shared between Risk Assessment and EAP):



END