





## **OWS VOLUNTEER CHECKLIST**

## **Normal Operating Procedures**

Date of Session	
Desk volunteer(s)	
Waterside volunteer(s)	

Any questions contact your OWS Rep: Fuchsia <a>openwater@staffordtriclub.co.uk</a> 07936963525

*	ALL SWIMMERS MUST HAVE A WETSUIT & WHISTLE & BRIGHT CAP (or tow float) before swimming 6-7:30pm (8pm in lighter nights) spectators are welcome, juniors can swim with an adult if they meet requirements & dogs must stay outside	Yes /	Nome (c)
*	Please arrive 15 minutes early to set up - upon arrival drive through 2 gates <i>(opening &amp; closing each time)</i> turn right into the car park & enter the Clubhouse <i>(gates may have a padlock wrapped around them but it shouldn't be locked)</i>	No	Name (s)
1	If the Clubhouse is still locked go around the back, find a black key box fixed to the wall underneath the veranda & contact the OWS Rep for the code		
2	Take 2 boxes & flags out of the locker in the office (1 is for Desk 1 is for Waterside) you must each take a walkie-talkie		
3	Desk - move a table/chairs into a good location for Registration queue ( <i>busiest first 15 minutes</i> )		
4	Waterside - take the flags outside (to the right through the boats on the grass) to set them up in the ground		
5	Desk - lay out at least 20 rubber bands in order on the table as well as a pile of Declaration forms & Swim Register sign in sheet & hats & whistles <i>(if swimmers don't bring their own they</i>		
6	<u>MUST</u> buy them from you before entering the water) Waterside - wear a high-vis & take the Waterside box to the water's edge with you to stand for the session (it has everything you might need e.g. binoculars, horn, life vests etc.)		
7	Desk - download SUMUP app on your phone to take payments using our card machine: Log-in <u>sumup@staffordtri.co.uk</u> Password: (written in the yellow folder at the desk)		
8	Look over Risk Assessment & Emergency Action Plan in folder		
9	Waterside - Take hard broom/bucket/soap to remove algae from our concrete walkway into the water (the rubber matting should already be in the water but if it's piled on the grass please lay it down & ensure it's tied to the wires at the top)		
10	Desk - display Welcome sign & Swim Route & Code of Conduct & Price List		

	Desk - if you have spare time please open the kitchen hatch	
11	and offer people teas & coffee & snacks & keep a note of what	
	you sell (cash preferable for refreshments & price list is on bar)	
	Desk - keep the veranda door closed & ask swimmers /	
12	spectators to use the door by the changing rooms to go out so	
	the carpet doesn't get wet/dirty	
	Desk - Ensure each swimmer 1. completes a Declaration form	
13	each year 2. signs in 3. takes a rubber band 4. always has a	
	wetsuit/cap/whistle 5. pays via card machine ideally cashless	
	Waterside - help the swimmers in/out of the water warning	
	them of the slippery walkway, tell them to swim on the left of	
14	the yellow spiky buoys (100m between each), answer any	
	questions best you can & keep watch over the swim	
	Waterside - collect rubber bands from swimmers as they exit	
	the water (walkie-talkie the Desk volunteer to come collect a	
15	bunch when you have a few) - if there are any accidents	
	complete a form, use the First Aid Kit & inform OWS Rep	
	Desk - collect rubber bands from the Waterside volunteer when	
	they walkie-talkie you they have a few, then tick off each	
16	swimmer on the Register sheet (ask swimmers to write their	
	own time out of the water as they come back in the door)	
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17	Ensure all bands are returned & forms filed alphabetically	
18	Pack away, check the changing rooms, turn lights off, lock up	
10	Close the gates behind you as you leave (if the padlock has	
19	been shut ask OWS Rep for the code)	

## **End of Session**

	Number	Total
Accidents / Incidents		Accident Report(s) written/filed?
Members Swimmers paid £4		£
Non-member Swimmers paid £6		£
SWIM TOTAL		£
Swim Hats cost £3		£
Whistles cost £3		f
GRAND TOTAL		£

**Notes:** (*i.e. IOUs, lost property, feedback etc.*)

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**CLUB OF THE YEAR** TRIATHLON AWARDS

**REGIONAL WINNER**